



## *As an educator, you face unique challenges ...*

Today, educators face special challenges - budget cuts, students at risk, parental issues. In addition to these on-the-job stressors, you juggle the **challenges** of personal and family issues.

Usually, we can handle problems on our own, but sometimes it makes sense to **reach out** for help.

Educators' EAP provides the benefits and **solutions** to help you and your family deal with virtually any personal issue you may encounter. In addition, we provide the **resources** you need to deal with professional issues. We're the only EAP specifically designed to address the **unique** challenges faced by educators.

And because your employer has covered the entire cost of services, there is **no cost** to you.

## How does the EAP work?

Getting the help you need is simple. You can call the EAP 24 hours a day, 7 days a week to reach a professional counselor. Call our toll free number: **1-800-666-5327** or **800-252-4555** or log on to the Web at: **[www.EducatorsEAP.com](http://www.EducatorsEAP.com)** to access other benefits.

## More benefits for you

Your EAP provides access to more problem solving solutions than any other EAP. And nearly 99% of those who use the EAP are satisfied with the experience.



## Counseling Benefits

Many complex issues are best resolved with counseling assistance from a behavioral health professional. You will want to consider calling for help if you encounter problems such as:

- Relationship and family issues
- Depression, stress, or anxiety
- Grief or loss of a loved one
- Eating disorders or substance abuse
- Workplace difficulties

When you call, you connect immediately with a counselor. Each of our experienced counselors has a Masters or Ph.D. level of training. Should you need to be referred to a local counselor for personal visits, we have more than 25,000 providers available to ensure that you will have a counselor near your home or workplace.